

Eat to Heal Media Kit

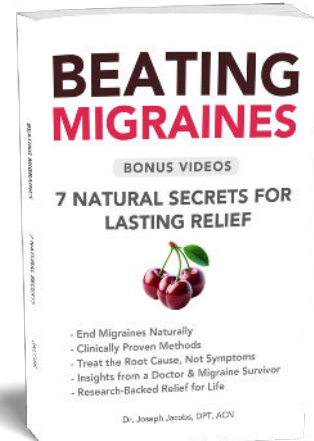
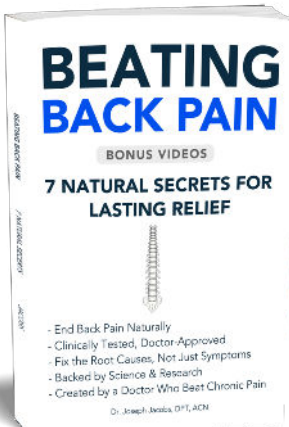
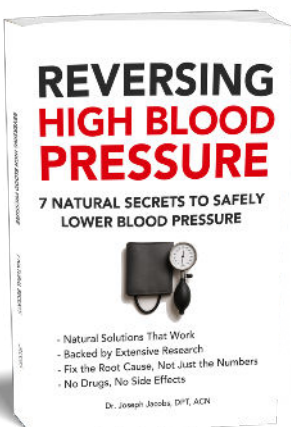
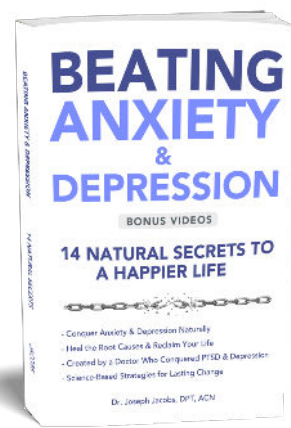
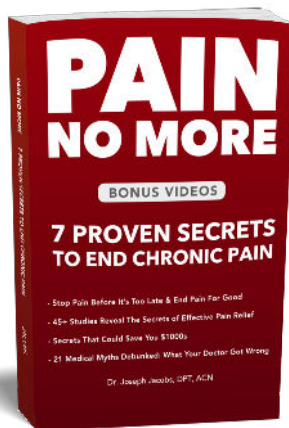
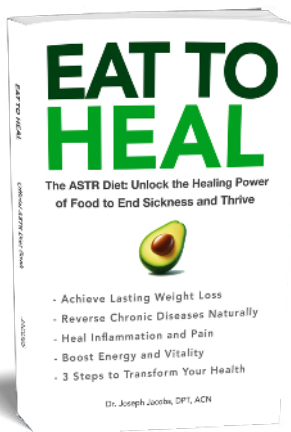


Dr. Joseph Jacobs, DPT, ACN
Cancer Survivor and Creator of the ASTR Diet

About Dr. Joseph Jacobs

Dr. Joseph Jacobs is a Doctor of Physical Therapy, cancer survivor, and advanced clinical nutritionist. After overcoming chronic migraines, fatigue, and pain through nutrition, he created the ASTR Diet, a clinically proven, anti-inflammatory approach to healing. He is the author of *Eat to Heal*, *Pain No More*, and other health books. Dr. Jacobs has worked with celebrities, NFL athletes, and members of royal families.

Dr. Jacobs' Books



Featured Media Links:

News Channel 8 Tampa: <https://www.wfla.com/bloom-tampa-bay/from-cancer-to-clean-eating/>

TEDx Talk: <https://www.youtube.com/watch?v=aO3ZEcULNco>

Suggested Topics for Interviews or TV Segments

- Cancer Survivor's ASTR Diet for Natural Healing
- Eat to Heal: My Post-Cancer Diet
- 73% of Americans Are Sick and Don't Even Know It
- Why Your "Healthy" Diet Might Be Keeping You Sick
- From Cancer to Wellness: How Food Helped Me Reclaim My Life
- The Diet That Helped Me Beat Chronic Pain When Medicine Couldn't
- Inflammation Nation: How Modern Food Is Fueling Our Health Crisis
- What Doctors Often Miss About Food, Healing, and Inflammation

CONTACT

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FINAL NOTE

Let's connect. I would love to share a copy of Eat to Heal and explore how we can bring this healing message to your audience.

Learn More About Dr. Joseph Jacobs



View Dr. Jacobs' books on Amazon

